

BCWSA ILLNESS POLICY

In this policy, “Individual” includes an employee, volunteer, participant or parent/spectator.

1. **Inform an individual in a position of authority (Executive Director, Coach, Team Manager, Program Coordinator) immediately if, you feel any symptoms of COVID-19** such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite, nausea or diarrhea.

See BCCDC website for a full list of symptoms:

<http://www.bccdc.ca/health-info/diseasesconditions/covid-19/about-covid-19/symptoms>

2. **Assessment**

- a. Individuals must review the self-assessment signage and/or checklist located throughout the facility before their work day/practice/activity and attest that they are not feeling any of the COVID 19 symptoms.
- b. If Individuals are unsure please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self-assessment tool.
- c. Managers/coaches will visually monitor individuals to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.

3. **If an Individual is feeling sick with COVID-19 symptoms**

- a. They should remain at home and contact Health Link BC at 8-1-1.
- b. If they feel sick and /or are showing symptoms while at work/practice/activity, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- c. No Individual may participate in a practice/activity if they are symptomatic.

4. **If an Individual tests positive for COVID-19**

- a. Follow the direction of health officials

5. **Quarantine or Self-Isolate if:**

- a. You have travelled outside of Canada within the last 14 days.
- b. You have come into close contact with someone who has tested positive for COVID-19.
- c. You have been advised to do so by health officials