

From: Adam Frost [mailto:adam@bcwheelchairsports.com]

Subject: PNWRL registration deadline is Sept 11/09

Hello folks, attached is this year's registration information for the PNWRL.

We are excited about the league this year because some of the changes that are going to happen; first we will have 4 regional teams: Seattle, Island, Interior and Lower Mainland and they will remain consistent from week to week, your team will play one opponent each week and the games will consist of ten minute quarters, points will NOT be used however there will be a way to make sure line-ups remain balanced and everyone has an opportunity to play, shot clocks will be used.

All athletes intending to participate in the league this year MUST register and pay before September 11/09.

We are also asking that you provide us with dates that you will not be able to attend to help us ensure that teams are balanced.

Travel subsidies are available for BC residents through Sporting Life on the Coast and must be applied for to qualify for any other grants that may be available. Below is a link to copy and paste into your browser

<http://bcla.centraldesktop.com/bcla/media/External%20articles%20and%20news%20stories/Sporting%20Life%20on%20the%20Coast%20Program%20-%20Sport%20BC%20%2526%20SportsFunder%20Ferry%20Travel%20Grant%20Program.pdf>

Please forward this to anyone else you feel may be interested in participating this year.

Adam